

# Supplications from the heart's core.

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## Headings

1. Compiler's request.
2. The command with regards to supplication.
3. Supplications with hope and fear.
4. Supplication is the very essence of worship.
5. Allah's displeasure in not making supplications.
6. Manners and etiquettes of making supplications.
7. Few comprehensive supplications.

## Preface

The Holy Qur'an commands us to make supplications. Many traditions of our beloved Prophet (SAW) highlight the reward associated with them. Prophet (SAW) has advised us many supplications and also taught us the manners and etiquettes for submitting them. The supplications made by the Mercy to the worlds Prophet (SAW) are simple, comprehensive and moving, but those being in Arabic are beyond the comprehension on an average non-Arabic speaking Muslim. Moreover, due to limited knowledge, one may not exactly know what to ask and how to ask from Allah (SWT). Being aware of this shortcoming and keeping in view the recommendations of many of my friends, I have compiled a few selected supplications of our beloved Prophet (SAW), and have also mentioned in this booklet the manners and etiquettes required for the submission of supplications to Allah (SWT).

Allah (SWT) had bestowed upon my late father (Rehmatullah Alaih) the humility and manner to submit to Him the translation of many of Prophet (SAW)'s supplications in Urdu. With all the humility, I have collected those in a booklet entitled "**Supplications of Arafat.**" This compilation is a selection from that booklet. I pray that in His infinite Mercy, Allah (SWT) may accept my efforts and grant supplications in my favor, forgive us, and may the chapter of my life conclude with pure and perfect Imaan. Aameen! Wa Sallallahu Ta'ala Alan'Nabi'il Kareemi Muhammadi'wa Sahbihi Ajma'een.

May Allah (SWT) bless our beloved Prophet Muhammad (SAW), and his companions!

### **Commands with regards to supplications.**

“Your Lord has said, “Call Me, I will respond to you. Definitely those, who show arrogance against worshipping Me shall enter Hell with disgrace.” [Aayah 60, Surah Al-Momin]

### **Supplication with hope and in fear.**

“Supplicate Him in fear and hope. Surely, the mercy of Allah is close to those who are good in their deeds.” [Aayah 56, Surah Al-A'raf]

### **Supplication is the very essence and substance of worship.**

Hazrat Anas (RA) narrates that Prophet (SAW) said:

“Supplication is the very essence and substance of worship.”

Note: Worship in fact is the expression of servitude, humility and indigence, and supplication fully embodies this state, and that is why it is regarded as the very essence and substance of worship.

### **Allah (SWT)'s displeasure on not making supplications.**

Hazrat Abu Hurairah (RA) narrates that Prophet (SAW) said:

“Who does not ask and supplicates to Allah (SWT), He warrants Allah (SWT)'s displeasure [wrath].

Note: Allah (SWT) is Most Graceful and Most Merciful, that He is displeased with His servant, who does not ask Him and make supplications to Him. The person who does submit to Him, seeks from Him in supplications is endeared to Him. Supplication is the most dear and precious act in the sight of Allah (SWT).

### **In the name of Allah, the Most Gracious and the Most Merciful.**

Praise and blessings on the most kind hearted and compassionate Messenger Prophet Muhammad (SAW), his progeny and his companions.

### **Etiquettes of making a supplication.**

Raise both of your hands to the level of your chest. Keep your palms open as though you are begging and maintain a little distance between your hands. Neither joins their sides together, nor leaves much distance in between them. Praise and glorify Allah (SWT) by saying Alhamdulillah a few times as He is the One and the Only worthy of praise and worship. Send blessings on Prophet (SAW). Recite any *Darud*, which you may remember, though the *Darud-e-Ibrahimi*, the one recited in Salat/Namaz is better.

Make your supplication with full confidence that Allah (SWT) is listening, which He always does. The supplication should be made in all the humility. It should be reflected in the tone of your voice, and your body language should attune with your intense emotions. Cry, seek, beseech and beg repeatedly and be certain that you are being heard by Him, Who has all the power, and Who is Omnipotent, Omnipresent and Omniscient. Conclude your supplication with Aameen, raise your hands and caress your face with them. [Source: Prophet (SAW)'s traditions.]

1) None of the actions is dearer than a supplication in the sight of Allah (SWT). [Tirmidhi]

2) Supplication is not rejected especially after Salat/Namaz, after concluding the recitation of the Holy Qur'an, after Azan (prayer call), in between Azan and Iqamah (beginning of congregational prayer), and last part of the night. [Source: Prophet (SAW)'s traditions.]

3) Supplication is granted when it is not made in haste. Haste also means the impatience to expect its result immediately and the thought that supplication hasn't been accepted. Keep faith in your supplications and their acceptance. Haste and loosing heart may have a negative effect on their acceptance. [Bukhari & Muslim]

4) Be aware that Allah (SWT) does not accept the supplication of a person, whose heart wandering somewhere else, lacks focus and concentration, and who is careless about his presence before Allah (SWT). [Tirmizi] That is why supplications must be made with utmost attention.

5) One who wants that Allah (SWT) may grant his supplications during hard times, should also remember Him during times of affluence and good health. [Tirmizi]

6) *Haram*, i.e., forbidden, illegal, improper, unfairly earned or acquired dress and food hinder supplication's acceptance. [Tirmizi] Hence one should thoroughly investigate and satisfy if his dress and food is *Halal* and earned through fair and legal means to avoid rejection of supplications.

7) *Aafiyah*, i.e., over all well being is the best loved supplication in the sight of Allah (SWT). [Tirmizi] That is why one should always ask Allah (SWT) for it. Well being means security and safety from all internal and external ills, sufferings, hardships, and calamities in this world and the success in the Hereafter.

8) Make a supplication for yourself first and then for others. [Tirmizi]

It is better if parents, off spring, members of the household, relatives and friends are included in the supplications.

## A set of comprehensive supplications

Yaa Allah, You are My Lord, My Master, My Creator, My Sustainer and My Nourisher! Please bestow upon me what is good in this world and what is good in the Hereafter. Yaa Allah, please save me from the punishment and the Hell fire. Yaa Allah, please grant in my favor all that is good in this world and all that is good in the next world, and which our beloved Prophet Muhammad (SAW) has asked from you. Yaa Allah, please save me from all those ills and vices, which our beloved Prophet Muhammad (SAW) has sought your refuge from in this world and the next. Yaa Allah, please forgive my sins and through Your infinite mercy grant me safety from sins and grant me salvation. Yaa Allah, bestow upon me complete and total peace and success in this world and the next. Yaa Allah, grant me well being, comfort and contentment and guide me to lead a chaste life and life with piety. Yaa Allah, please enable me to worship and remember and thank You in a way which is best and beautiful and is liked and rewarded by You. *Aameen!*

Yaa Allah, I beg of You to be pleased and happy with me. Yaa Allah, You have accepted the supplications, which your slaves have made, and You will accept which are being made now and will be made until the Last Day. I submit to You to please accept them on my behalf and on behalf my parents, members of my household, my off spring, my sisters and brothers and the rest of my relatives. Please accept all of them for the sake of Your beloved Messenger and our beloved Prophet Muhammad (SAW). *Aameen!*

Yaa Allah, You are the Master of all that ever was, is, and will ever be. I seek from You the everlasting well being here and in the Hereafter for myself, my off spring, my relatives, and rest of the Muslim Ummah. Yaa Allah, bless our health and wealth enable us to be your loyal slaves. *Aameen!*

Yaa Allah, please cover up my flaws, my shortcomings and my sins. Yaa Allah, I am fearful and afraid of Your displeasure, I seek refuge in Your mercy and beg You to save me from it. Yaa Allah, please save us from ills from every direction. Yaa Allah, You are all powerful and self-sufficient, please forgive me for my language, which is very poor to mention Your attributes. I beg of You in the name of all Your exalted attributes, which You know best to grant me every good of this and the next world. In Your infinite mercy, please grant me all. You are the Most Gracious and the Most Merciful.

Yaa Allah, I seek Your forgiveness and invoke Your mercy to bless my livelihood and the livelihood of the members of my family. Please open upon us the gates of Your mercy and enable us to overcome obstacles and hardships and please make it easy for us to earn our livelihood through fair means. Yaa Allah, the Lord of *Jibra'eel*, *Meek'aeel*, and *Israfeel*, and all the angels, the Lord of *Ibraheem*, *Isma'eel*, and *Ishaaque*, and all the prophets and messengers (AS), please grant us peace and please be kind to us by not imposing those among your creations who may be unkind to us, may not tolerate us and may drive us away from our Faith.

You are the Master of the worlds, You are seeing me and listening to my supplications. You know me both from within and without. The apparent and the hidden are in Your knowledge. I am indigent and facing hardships. I am beseeching You to please come to my rescue. I fear Your displeasure and the punishment because of my sins. Folding my hands, I am begging and submitting to You in all the humility. I am crying before you. I have lost all self-respect and dignity because of my wrong doings. I hope that You will listen to my supplications and wouldn't reject them. Yaa Allah, I am crying like a helpless, scared blind person, please listen to my pleadings. Be forgiving and kind to me. There is none but You to grant me favors and You are the greatest and best in giving.

For the sake of that exalted name, which has caused the earth to spread, elevated the sky high, established the mountains firm, created the oceans and balanced Your Majestic Throne. It is Your name and Your name alone which is pure and purest to its perfection. You have mentioned that name in Your scriptures, which has brightened the day and darkened the night. For the sake of that magnanimous and greatest graceful name, I submit to You to grant me the ability to absorb the Holy Qur'an in my body and the spirit and empower me to translate it into action and to live by it. No one has the power to do it but You. I pray that when I leave this world for the Hereafter, I walk under the gracious shade of the Holy Qur'an. Yaa Allah, please fulfill my needs, which in Your sight are good for me, and save from those which are not in my interest. Please save me from the present and impending hardships. I beg of You in Your own name and in the name of the beloved Prophet (SAW) to listen to me and favor me with the acceptance of my submissions.

Yaa Allah, instill in me the fear of sins to such an extent that I may never commit them and Your fear may stand as a barrier between me and the sins. Yaa Allah, make the path of Paradise easy for me. Make my ears, eyes and all the physical gifts which you have given me very beneficial for me and maintain them that way.

Yaa Allah, give us good heirs! Turn our oppressor's oppression back to him. Help us against the enemies. Yaa Allah, make Your Deen easy on us. Yaa Allah, endear to us the Hereafter as against this world. Yaa Allah, give our leadership to only those, who are kind and not harsh and hard on us. Yaa Allah, increase and do not decrease our number. Give us honor and dignity and save us from humiliation and disrespect. Bestow upon us your gifts and please do not deprive us. Give us prestige and be pleased with us.

Yaa Allah, my prayers, my Hajj, my living and my dying is for You and for You alone. There is none my Lord but you. You are my only hope, my only resort. You are the Creator and Sustainer of all that is there. Everything belongs to You. Yaa Allah, I am Your helpless, weak and meek slave, who looks up to You in hope for mercy and forgiveness. Please save me from the punishment of the grave and every pain and suffering of this and the next world.

Yaa Allah, I seek Your refuge from the recurring temptations within me. Yaa Allah, I am good for nothing. Neither I am successful in this world, nor, I have the quality of Imaan that I should have. I am a total failure. You have all the Virtues in Your power. I am in trouble, poor, worried, and seek guidance and help in the resolution and solution of problems. Please shower Your blessings upon me and on my offspring.

Yaa Allah, protect us from any thing bad that the wind carries, and let it benefit us from what good it carries. Yaa Allah, our bad deeds have locked our hearts, please open them up for Your remembrance and raise us from this world after having made Your devotees.

Yaa Allah, enable us to overcome the difficulties and hardships we are facing. Yaa Allah, enable us to manage our affairs in the best way possible and save us from all calamities. Yaa Allah, Prophet (SAW) has told us that the real comfort is the comfort of the Hereafter, please make the comfort of Hereafter our destiny.

Yaa Allah, we confess that we have committed sins openly and secretly, knowingly and unknowingly and we are very fearful of your displeasure and anger. Please listen to our pleas for forgiveness and show compassion and mercy, as there is none, but You to pardon our sins and grant us peace here and in the Hereafter.

Yaa Allah, our Lord, our Sustainer and Forgiver, we bow our heads before you in shame and there are tears of repentance in our eyes. Please forgive us and punish the Shaitan. Look at us with utmost kindness and give us in abundance according to Your own measure of magnificence and generosity.

Yaa Allah, You are kind and forgiving. You fulfill the needs in the best way that one can imagine. Yaa Allah, guide us to the right path and attire us in piety and make us successful in both the worlds: here and the Hereafter.

Yaa Allah, accept our worship, and the struggle we are making to make You happy with us. Forgive our sins and those of our parents.

Our Lord, You are the Creator and the Master of the Heavens and the earth, You have said in the Holy Qur'an: "Ask Me, and I will accept your supplication." Ya Allah, You always fulfill Your promise. Therefore Yaa Allah, save us from the Hell, which is the worst place and destine us for the best Paradise, though we do not deserve it, but only through Your mercy and kindness.

Yaa Allah, You have given us the gift of Islam without our asking for it. We submit to You to please not to deprive us from this blessing at the time of our death. We are ungrateful and disobedient, but You are always generous and forgiving. Please enable us hold fast to the blessing of Imaan till we breathe our last. Yaa Allah, we pray that we rise with the light of Imaan and fill our hearts with that light. Please raise us in the Ummah of our beloved Prophet (SAW), and under his (SAW)'s banner. While holding us accountable for our deeds in the Hereafter, please be lenient and forgiving and make

the accountability easy for us. Please give us the record of our deeds in our right hand, and have us drink the water of Kausar from the blessed hands of our beloved Prophet (SAW). There will be no shade on the Day of Judgment except the shade under Your throne. Please give us a place under that very blessed shade.

Yaa Allah, we are lacking in the performance of those obligatory duties, which You have assigned. Please enable us to carry out Your commands in letter and spirit. We are indigent, beggars, seeking for Your mercy. Yaa Allah, allow us to share Your innumerable blessings which You distribute among Your servants. Yaa Allah, enable us to earn fairly and honestly and please make us independent of others

Yaa Allah, You are the only Protector, please shield us from every all sufferings, pain, problems and hardships. Yaa Allah, enable us to live and die in peace.

Yaa Allah, please cover up our flaws, shortcomings, and forgive each and every of our mistakes. Enable us to fulfill our obligations towards others. Yaa Allah, make available the best and noble matches for our daughters and our sons. We lack resources and You are the only source provider. Yaa Allah, forgive my sins, those my parents, my relatives, kith and kin, family members, the entire community, those we know and those who have asked to pray for them, the believing men and women, the living and the dead. Your mercy is over whelming and over powering. We fear your displeasure and wrath and seek refuge in your compassion, mercy and kindness.

Yaa Allah, we confess our sins and our mistakes and are making sincere repentance. We are weak and forgetful, You are all Strong and all Powerful, You are Forgiving and Merciful. Yaa Allah, we are ashamed and beg You to forgive us. There is none, but You Allah (SWT), Who can forgive us. Yaa Allah, remove every pain, every agony, every suffering from us and our families, and from the Muslim Ummah. Yaa Allah, our father Hazrat Adam (AS) and our mother Hazrat Hawwa (AS) were tempted by Shaitan and had committed a sin, but they repented and You in Your infinite mercy forgave them. Yaa Allah, we are from their progeny, and like them we seek for Your forgiveness, please forgive us. Yaa Allah they said:

*“Rabbana Zalamna Anfusana wa inllam taghfirlana wa terhamuna lakoonanna minal khaasireen.”*

Yaa Alla, we repeat the same supplication and seek forgiveness from sins. In the name of Your exalted name, please forgive us, forgive our parents, our relatives, our teachers, our old, our young, the men and women and the entire Muslim Ummah, forgive those, who have passed away, those who are living, and those who are still to come.

Yaa Allah, we are scared from the punishment of the grave and the punishment of the Hell fire. Yaa Allah, we seek refuge from every punishment in your Grace and in Your Mercy.

Yaa Allah, You bless Your servants without asking. We are beggars and submit to You to fulfill our needs, enable us to pay our debts, bless our livelihood, give us contentment, enable us to thank You for whatever You have given us, and enable us to be patient over what in Your divine wisdom have not given us. You know what is in our best interest. You know what is good for us and what is bad for us.

Yaa Allah, You have commanded us in the Holy Qur'an "...Not repulse him, who asks." Yaa Allah, we beg for forgiveness, please show us mercy by not repulsing us. Yaa Allah, You have commanded to forgive him, who misbehaves, Yaa Allah, we have misbehaved by not following Your commands in letter and spirit, please forgive us for the sake of Your command.

Yaa Allah, we are needy, we are weak, we are poor, we are indigent, we are sinners and we have flaws and shortcomings. Yaa Allah, You are the One and Only to help us overcome our flaws and shortcomings, You are the One and Only, Who gives us provisions and fulfills our needs, please save us from dependence on others and forgive our sins.

Yaa Allah, You are *Raheem, Kareem, Rahman, and Lateef*, and we beg of You that for the sake of Your beautiful names, and for the sake of those who perform the pilgrimage and for the sake of Your beloved Prophet (SAW), please enable us to thank and glorify You in life, and as and when depart, we may remember Your name may have the blessed Kalima of *La Ilaaha IllalLahu Muhammad al Rasul Allah* on our lips.

Yaa Allah, we have been disobedient openly and secretly, Yaa Allah, we are repentant and seek Your help, and it is only through Your help that our faith can be strengthened and we can hold fast to faith. Yaa Allah, enable us live as Muslims and to die as Muslims, and Yaa Allah, please give the record of our deeds in our right hand on the Day of Judgment. Yaa Allah, bless our beloved Prophet (SAW) to the extent beyond we can count and to the extent that You know best.

Yaa Allah, we glorify You and thank You, it is because of You that we regret our wrong doings and make repentance. Please accept our submission of repentance and forgive all our sins, sins of our young and of our old, and forgive sins of everyone in the Ummah of Prophet (SAW).

Yaa Allah, You are our Creator and our Sustainer, our Lord and to you we shall return. Please guide us to be what You want us to be, please enable us to do what You like us to do.

Yaa Allah, You are the Most Kind, Most Gracious, Most Beneficent, and Most Forgiving. We trust in Your Mercy, which is limitless. Yaa Allah, You are Most Bountiful. Yaa Allah, no one can give respect but You, and no one can grant dignity but you. Yaa Allah, save us from disgrace and insults. Yaa Allah, we claim to belong to the Ummah of Your beloved Messenger, Prophet Muhammad (SAW), please make us worthy of that honor.

Yaa Allah, bless us with Your *Noor*, divine light in our entire self, above us and around us. Yaa Allah, purify our thoughts, enlighten our heart and mind with Your remembrance and Your worship.

Yaa Allah, please bless those of us with livelihood who are unemployed, please help those of us who are in debt to pay their debt, please give health to those who are sick, please bless them with children, who don't have, please provide ideal life partners to those who are unmarried, please enable us to serve our parents, please forgive and raise their status in the Hereafter of those who have left this world, please provide them means to perform Hajj, who lack those means, please grant us those favors which you know will be good for us, please accept our supplications, which we have submitted and those too, which we are forgetting, and Yaa Allah, make us Your most faithful and most loyal servants and give us the best in this world and in the next. Yaa Allah, save us from misery, hardships, calamities, sickness, worries and trials. Yaa Allah, reform the Muslim Ummah. Yaa Allah, restore its lost glory and save it from the conspiracies of its enemies. Yaa Allah, strength the unity among our ranks, and guide us to work for peace and progress with love and brotherhood. Yaa Allah, teach us the manners, the etiquettes and the ability to work for Your Deen and endear us to the world. Yaa Allah, give the sweetness of the tongue and beauty of expression so that those who listen to us may embrace Islam and join us to serve the cause of Your Deen.

Yaa Allah, please include us in the supplications, which have been made at the sacred Kaabah and its precincts and at the sacred Mosque of our beloved Prophet (SAW) and its precincts from day one till eternity and bestow favors upon us as You have bestowed upon those whom You love. Yaa Allah, grants all those favors, which our beloved Prophet (SAW) has asked for, and save us from all those evils, from which our beloved Prophet (SAW) has asked refuge from. Yaa Allah, have mercy on our ancestors, our offspring and all future generations to come, and enable all of them to be loyal, committed and obedient to Your command and will. Yaa Allah, we invoke Your mercy and submit with all the humility at our disposal that for the sake of Your most honored, beautiful and glorified names, please accept our supplications and be pleased with us. Yaa Allah, bestow peace and prosperity, honor and dignity to all the Muslims and Muslim countries of the world and make the ideal and exemplary for the world to follow!

Aameen Summa Aameen! Wal HamdulilLahi Rabbil Aalameen  
wal Salaatu wal Salaamu alaa Khatam-al-Ambia-e-wal Mursaleen!

Note:

SWT = Subhanahu Wa Ta'Ala

SAW = Sallallahu Alaihe Wasallam

AS = AlehisSalam

RA = Radhiyallahu anhu

RAnha = Radhiyallahu anha